



Annual Report on Learning Disability Mortality Review (LeDeR)

1st April 2020 - 31st March 2021

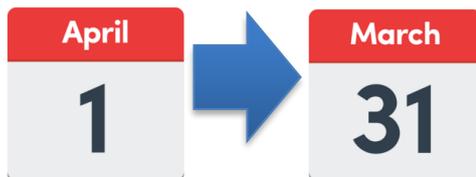
Easy Read Summary

2nd



This is our second annual report on how we are learning from the deaths of people with learning disabilities.

It is called LeDeR.



The deaths were reported between 1st April 2020 and 31st March 2021.



We want to thank:

- families
- carers
- health and social care workers.

They have all supported us in our LeDeR work.



Jeanette Scott

South Tyneside Clinical
Commissioning Group
Executive Director of Nursing,
Quality and Safety



Ann Fox

Sunderland Clinical
Commissioning Group
Executive Director of Nursing,
Quality and Safety.



South Tyneside and Sunderland
Clinical Commissioning Groups
work together on LeDeR.





We look at the deaths of people over 4 years of age.

People with learning disabilities die about 20-29 years sooner than other people.

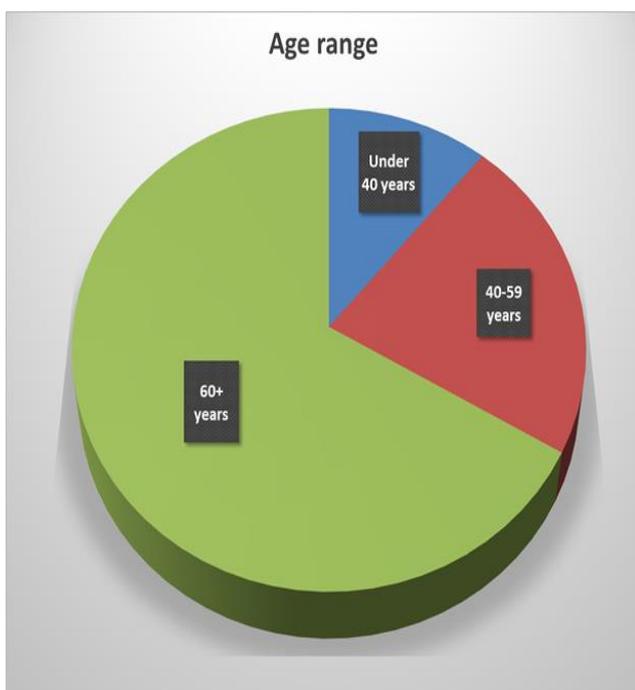


The people who look at the deaths are called reviewers.



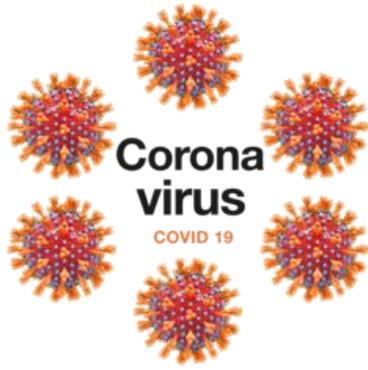
The reviewers have looked at:

- 16 deaths from South Tyneside.
- 20 deaths from Sunderland.



Most people who died were:

- aged 60 years old and older.
- in hospital.



15 people died of Coronavirus in South Tyneside and Sunderland.



People who died had a lot of physical and mental health needs.



Most people:

- had their medication reviewed.
- attempts to stop some medication needs to be recorded better.

STOMP

Stopping over medication of people with a learning disability, autism or both



New ways of working with health and pharmacy staff will help to improve this.



More people have had the annual health and cancer checks.



Families were invited to talk about their loved one's death.

Half did not take part as it was too sad for them.



Most reviews showed that care was excellent or good.



A lot has been learned from the reviews.



Some better ways of helping people were found, such as:

- providing easy read information.
- longer health appointments.
- seeing people at home.



There were some good examples of using the Mental Capacity Act well.

Some bad examples were also found.



Advance care planning could be improved in doctors' surgeries.

This is to make sure the person is involved in a plan for their care.



Doctors are getting better at doing more annual health checks with patients.



In care homes they found:

- Use of Easy Read
- Use of pictures to communicate.



Hospital staff need more training about Learning Disabilities and the Mental Capacity Act.

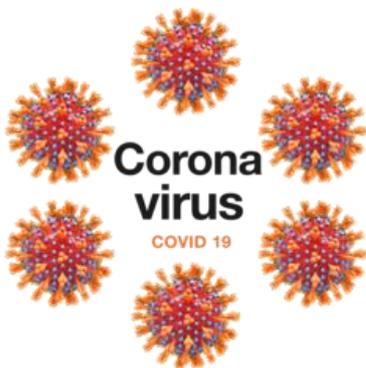


The things that could be done better and some suggestions were shared with:

- hospitals
- social care
- commissioners
- people with a learning disability.



Some of our reviews were not done within 6 months of the person dying.



The Corona virus pandemic made some reviews late.

We worked together to get them all done.



We have made sure people got their Flu vaccines.

We were quick to offer people the Coronavirus vaccine at the best time and place for them.

LeDeR is changing next year.

We are working together to make changes in the new policy.



We will share this report on our websites AND in easy read.